



# Athletiktest

Name: Peter Muster

Sportart: Karate

Testdatum	Koordination		Kraft						Wurfkraft		Sprungkraft			Schnelligkeit			Ausdauer		Istnote	Zielnote
Geburtsdatum	WK	EN	LP	BD	KLZ	DO	VE	EN	MW	EN	CM	BBS	EN	FS	VS	EN	ML	EN	Ø	Ø
23.08.2011	28.0	4.5	8	7	10	97	180	3.6	10.30	1.0	0.40	12.30	2.5	2.67	19.41	2.5	2700	1.0	2.5	4.0
31.05.1995	4.5		4.0	3.0	4.0	3.0	4.0		1.0		2.0	3.0		3.0	2.0		1.0			
21.02.2012	26.9	5.0	8	8	10	60	180	3.6	15.50	4.0	0.44	11.70	2.0	2.53	18.50	3.0	2900	2.0	3.3	4.0
31.05.1995	5.0		4.0	4.0	4.0	2.0	4.0		4.0		2.0	2.0		3.0	3.0		2.0			
21.08.2012	27.2	4.0	10	10	12	116	210	4.2	14.40	3.0	0.44	12.65	2.5	2.56	17.21	3.5	2900	2.0	3.2	4.5
31.05.1995	4.0		4.5	4.5	4.5	3.0	4.5		3.0		3.0	2.0		3.0	3.0		4.0			
26.02.2013	26.9	5.0	10	10	12	65	210	4.0	14.50	3.0	0.48	12.60	2.5	2.37	17.10	4.3	3000	2.0	3.5	4.5
31.05.1995	5.0		4.5	4.5	4.5	2.0	4.5		3.0		3.0	2.0		3.0	4.5		4.0			

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